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LET'S START WITH FRUIT

FRENCH TOAST

10,5

10.5

10.5

10

8.5

Irresistible homemade French toast with apple crumble, served with fruits and ice cream topping (sugar-free).

PANCAKES

Carrot and oatmeal pancakes with fresh fruits, sliced almonds and choice of topping: nutella, honey, or Agave.

ACAI BOWL

Creamy acai smoothie bowl with strawberry and banana + fresh fruit topping + separate portion of granola to add as desired (Add mango for €1.50)

PORRIDGE BOWL

Creamy oatmeal and banana smoothie (with your choice of milk) + dark chocolate chips (sugar free) + fresh fruit topping + separate portion of granola to add as desired.

FRUIT BOWL

Your favorite freshly cut fruits combined in a flavorful bowl (Add mango for €1.50)

MEGA TOASTS

ROAST BEEF TOAST

12

12

11.5

9,5

9,5

Toast + natural sun-dried tomato cream + roast beef + melted cheese + greens + poached onion

QUAIL TRUFFLE TOAST

Toasted whole grain bread + cream cheese + crispy bacon + sautéed mushrooms + parmesan cheese + grilled quail egg + truffle topping + greens

PARMIGIANO TOAST

Toasted whole grain bread + natural sun-dried tomato cream + poached onion + roasted eggplant + melted cheese + parmesan shavings + greens

CAPRESE TOAST

11,5 Toasted whole grain bread + confit tomatoes + fresh gratinated mozzarella + shelled pistachio topping + pesto to add as desired + areens

AVOCADO TOAST

Toasted walnut whole grain bread + avocado cream and fruit + almond topping + mini fresh fruit salad

MUSHROOM TOAST

Toasted walnut whole grain bread + hummus + sautéed mushrooms + feta cheese + greens



MAVERICKS VEGGIE

Grilled cheese + sautéed mushrooms + scrambled eggs + pico de gallo + sweet potato + greens

MUNDAKA VEGGIE

Bagel with gratinated gouda + roasted eggplant + sautéed onions and mushrooms + scrambled eggs + avocado + greens

HOSSEGOR

Crispy whole grain toast with avocado + smoked salmon + poached eggs + carrot + greens

PIPELINE

13

13

13

13

13

13

Whole grain toast with guacamole + homemade shredded chicken or plant protein + fried eggs + avocado + feta cheese + cream cheese + greens (VEGGIE OPTION)

MAVERICKS

Grilled turkey breast + scrambled eggs + grilled cheese + pico de gallo + sweet potato + greens

PAVONES

Corn tortillas with melted cheese + black beans + homemade ground beef or plant protein + fried eggs + guacamole + sour cream + greens + corn

PAVONES VEGGIE

13

13

Corn tortillas with melted cheese + black beans + corn + fried eggs + guacamole + sour cream + greens + plant protein

MUNDAKA

Bagel with gratinated gouda + crispy bacon + sautéed onions and mushrooms + scrambled eggs + avocado + greens

BUDA BOWLS

SELVA BUDA BOWL

13.5

Choose a base: (Wild rice or greens) + poached egg + grilled turkey with crispy bacon and teriyaki sauce + sautéed onions and peppers + almonds + parmesan topping

PLAYA BUDA BOWL

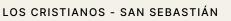
15

15

Choose a base: (Wild rice or greens) + salmon + wakame + cucumber + cream cheese + carrot + edamame + mango + avocado... would you like wasabi??? (optional)

ARRECIFE BUDA BOWL

Wild rice + homemade shredded chicken + teriyaki mushrooms with onion + crispy bacon + confit cherry tomatoes + feta + greens (homemade mayo sauce in the center)



2002 amunit





REAL FOOD LOVERS



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5,7

BURGERS & BURRITOS

REX BURGER

14

160g of exquisite 100% beef + gratinated gouda + crispy bacon + grilled onion + bbq (Try it with EGG for more flavor explosion (+€1))

CLASSIC BURGER

14

160g of exquisite 100% beef + gratinated gouda + tomato + onion + avocado + greens + mustard (Try it with BACON for more flavor explosion (+€1))

VEGGIE BURGER

12,5

Soy burger with black beans and corn + grilled cheese + grilled mushrooms and onion + sun-dried tomato cream + greens

BESTIAL BURRITO

14

Ground beef or shredded chicken or plant protein/ wheat tortilla wrap with melted cheese + your protein + rice + black beans + grilled onion and pepper + corn + carrot + crispy cheese wrapping all its flavor + guacamole + greens (Want jalapeños?)

SHALL WE SHARE?

PISTACHO NACHOS

14

Corn tortilla chips + Melted cheese + homemade beans + pico de gallo + avocado + sour cream + jalapeño Try it with ground beef / shredded chicken or plant protein for €1.50

PORTIONS

Whole grain bread	1,5
Rice	2,5
Avocado, cream and fruit	2,5
Sweet potato with homemade mayo	o 4
Eggs: scrambled, poached, fried	3
Proteins Bacon / grilled turkey breast / shredded chicken / ground b smoked salmon / black beans / plant protein	3 / beef

DESSERTS (SUGAR FREE!)

CHOCOLATE MARQUISE 5,7

Divine combination of crushed cookies with melted chocolate (vegan & gluten free)

BANANA CAKE					5	5,7
Banana and dark chocolate	cake	served	with	arilled	banana	and

Ba strawberries (ADD ICE CREAM FOR €1)

CARROT CAKE 5,7

Carrot cake served with creamy yogurt and fruits (ADD ICE CREAM FOR €1)

MANGO-PF CHEESECAKE	5,7
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Homemade mango and passion fruit cheesecake, sugar-free

COOKIES AND ICE CREAM 5 Super cookie with chocolate chips + Ice cream

PISTACHIO MATCHA

Cookie crumbs with creamy pistachio and matcha mousse





800S.



WE ARE Open ENJOY A DELICIOUS BRUNCH







SUPER JUICES

COLD COFFEES FRAPPUCCINOS

GOLDEN Passion fruit + mango + carrot + turmeric	5,5	Iced
GINGER SHOT	5,2	lced
Ginger, orange and lemon		lced
GREEN MATCHA Spinach + Apple + Ginger + Iemon + Matcha	5,3	lced
RED Strawberry + banana + red fruits (+peanuts €0.50)	5,9	lced
		lced
HOT DRINKS		Coff
Pistachio Cappuccino	4,8	Frap
Nutella Cappuccino	4,8	•
Espresso	1,8	COI
Cortado / Macchiato	2,3	Pass
Matcha Latte	4,2	Mime
Golden Milk Latte	4	Cold
Bombón / Milk-Milk	2,3	Beer
Chai Latte	4	Natu
Small White Coffee	2,5	Coca
Large White Coffee	3,8	Fres
Latte Macchiato	3,8	Bottl
Capuccino Cocoa or Cinnamon	2,8	Mine
Americano	2,5	Spar
Mocaccino	3,5	
Barraquito	4	
Hot Chocolate	3,5	
Теа	2	
*With soy milk +	0,50 ⁸⁰	OST JNITy

Iced Matcha	5,5
Iced Chai Latte	5,5
Iced Black Latte Tea	5,5
Iced Latte	5,5
Iced Cocoa	5,5
Iced Americano	5,5
Coffee + Ice Cream	5,5
Frapuccino	6

COLD CLASSICS -SUGAR FREE-

Passion fruit with Chia	5,5
Mimosa	10
Cold tea with lemon and ginger	4,8
Beer	4
Natural 100% coconut water	4,8
Coca cola zero	3
Fresh squeezed orange juice	4,5
Bottle of wine or cava	7
Mineral water	2,6
Sparkling water	3







ENJOY A DELICIOUS

BRUNCH





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LET'S START WITH TASTE

PANCAKES AVOCADO TOAST

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ACAI BOWL

6 (0 () MUSHROOM TOAST

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CHIA BOWL 00000PORRIDGE BOWL 00000FRUIT BOWL

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COMBINED WITH EGGS

NAZARE

HOSSEGOR 00000

PIPELINE

000000

MAVERICKS

00000PAVONES

00000**PAVONES VEGGIE** 00000

MUNDAKA

000000

MUNDAKA VEGGIE

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BUDHA BOWLS

DESERT

REEF

SALADS

----SELVA 🚺 🔘 💟 SELVA VEGGIE 🚺 🔘 💟 TROPICAL 😂 🚺 🔘 💟

SHALL WE SHARE?

NACHOS PISTACHO 🚺 🔘 💟 🌔 TOSTONES 🚺 🔘 💟 🌔

BURRITOS & BURGERS

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REX BURGER 🚺 🚺 🚺 🔘 💟 DOBLE REX 🚺 🚺 🚺 🔘 💟 PULLPORK BURGER **0000** VEGGIE BURGER 🚺 🚺 🔘 💟 🚺 🚺 COSMIC BURRITO VEGGIE COSMIC BURRITO BURRITO BRUTAL 🚺 🔘 💟 🚺
